

MT ROUSE NEWS & VIEWS COMMUNITY NEWSLETTER



A Project of the Penshurst Mens Shed Inc

F R E E E V E R Y F O R T N I G H T

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

ADVANCE PENShurst MEETING

The latest meeting of Advance Penshurst was conducted on 31 October 2018 and was well attended. Four new members joined the committee. The meeting updated members on the progress of all initiatives and confirmed works in progress and completed. Highlights included:

- The botanical gardens works are continuing and designs for the gates were reviewed and confirmed.
- The contract has been let for the refurbishment of the Mount Rouse steps.
- The basketball backboard in the botanical gardens has been completed.
- The Christmas Market is progressing well and is scheduled for 14th December next.
- The CFA has been active with community fire planning and many residents have been contacted directly in this regard.

This meeting was also a preliminary to the annual general meeting which is to be held on Wednesday 28th of November next. See the separate notice in this newsletter for details. All are encouraged to attend.

DEADLINE FOR SUBMISSIONS - 24th November 2018

The newsletter issues on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Grab your Takeaway and extras from
Josh & Tracy Hewitt at the

Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330
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NEW – Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

Check our board for weekly specials!

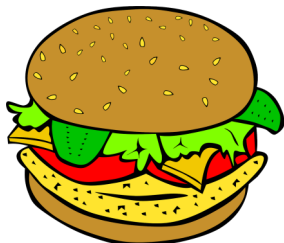
Opening hours

6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am – 8pm Saturday

8am – 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.



PLACES OF INTEREST IN PENS HurST

Volcanoes Discovery Centre

www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve

Ritchie St Penshurst

Botanic Gardens

Chesswas St Penshurst

Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Caramut and District Garden Club

Bougainvilleas are a tropical plant that do best in warm to hot climates in full sun with little or no frost. They only need to be watered when needed, if at all. They need strong support for their vigorous growth but can be controlled by pruning after flowering. With regular hard pruning, all bougainvilleas can be grown in large pots and kept to a height and width of about a metre. They can also be grown as a hedge or shaped as a shrub. The actual flower is quite small and it is the coloured flower bracts which give the plant its decorative look for many months. The large scrambling one we have growing over the fernery creates a lot of mulch which falls mostly from the flower bracts which I place on other parts of the garden.

Watch for aphids on new growth of roses and on the leaves of Japanese maples. Squash them between your fingers or use a pyrethrum spray. Soldier beetles are also appearing. Squash them when you see them or if the infestation is bad, I found fly spray was excellent especially as it leaves no residue for good insects.

Pots will be drying out now. If small enough, soak them in a container of water or flood them with water rather than just a sprinkler. Some sheltered areas of the garden will be drying out now also.

If you enjoy growing annuals and either don't have the room or think they use too much water, grow in containers in a sunny position. These brighten up a dull area of the garden or patio.

All vegies can be planted out now that the danger of frost is over and the ground has started to warm up. Again, many vegies can be container grown if an actual garden bed is too large to look after.

Competition Results for October were:

Bloom:

1st Aileen Fowler 2nd Mary Underwood

Dutch Iris:

1st Brenda Uebergang, 2nd Lorraine Schefferle

Produce:

1st Marita Smith 2nd Lorraine Schefferle

The **next Meeting**, on Tuesday the 13th November is at Mortlake. All meet at the Public Toilets at 10am. We will then proceed to the Mortlake Nursery followed by Glenafton Goats, the Lake Bolac Hotel for lunch and finally Parupa Metal Art.

Please let Marita know, if you haven't already done so, if you are going to have lunch at Lake Bolac.

Visitors are most Welcome.

Dog: The only garden pest to be successfully domesticated.



Café & Reading Room
110 Bell Street
Penshurst

**Come in and check out
our delicious
lunch menu**

**Open Thursday
to Sunday**

Try our
Coffee & Tea

Cool drinks

And New

Lindt Hot Chocolate

Café Menu

All day breakfasts

Eggs - Scrambled, Fried, Boiled or Poached

Sides - Spinach, Bacon, Mushrooms or Tomato

Spinach & Cheese Omelets

Toasted Sandwiches

Bacon & Egg, Ham, Cheese, Tomato or
combinations

Fruit Toast

Or keep it simple

Toast with Jam, Vegemite, Cheese, Marmalade

Lunch

Turkish Bread with brie, chicken, tomato
relish, aioli & sundried tomatoes

Croissant with jam or
toasted with ham & cheese

All home made

Morning & Afternoon Tea

Apple Turnovers

Apple Cinnamon Custard Cake

Spiced Apple Cake

Apple & Sultana Muffins

Chocolate Cake

Almond Cake (Gluten Free)

Lemon Cheesecake

PENSHURST HISTORY – VARIOUS FACTS

SOURCE: THE SYDNEY MORNING HERALD

The first settler to take up land at Mount Rouse was John Cox who had established a sheep station by 1840. Others held leases on land in the surrounding district. The indigenous people soon found their food sources destroyed or driven out by clearing and the introduction of European stock. When, of necessity, they turned to that stock for food they found themselves subject to retaliatory raids by white landowners. There were numerous episodes of killing and bloodshed with the Aborigines the inevitable losers.

The government's response to the rapid decline of the Aboriginal population in New South Wales (and Victoria was still, at that time, part of New South Wales) was to establish a number of reservations and Mount Rouse was chosen as a suitable site. John Cox was forced to remove his stock from the land and an Aboriginal Protectorate was opened. However, conflict continued and diseases introduced into Australia by Europeans ravaged the indigenous peoples. Thus, within a few years, the Aboriginal population was so diminished that the reserve closed. It operated either from 1840 to 1842 or 1842 to 1849, depending on which source is to be believed.

After the Protectorate closed the government opened the area up, once again, to squatters and the Twomeys paid an unusually high sum for the license to the Mount Rouse estate.

Railway Accident

Seven people were killed and another ten wounded in a horrendous railway accident which occurred in 1890 when a train hit a stray bullock about 3 km from Penshurst during the construction of the railway to Koroit. The men were injured on a homeward journey at the end of work. The train, with an open truck at the front of it, overturned when it struck a bullock on the line a short distance from the township. The young men were returning to the 'single men's camp' at Penshurst, with most of them being Irish born or of Irish descent.

The people of Penshurst in 1890 were shocked and saddened by the tragedy, laying the dead to rest in the Boram Boram cemetery just outside the township.



**Monument erected in
Boram Boram Cemetery**

Creamery

Penshurst was one of the earliest towns to develop a creamery to supply the Hamilton Butter Factory Company. Since that time dairying has continued to be an important industry.

Do you have some history of the town that you would like to share? We'd love to hear from you.

All you need is love. But a little chocolate now and then doesn't hurt. **Charles Schulz**

There are two great days in a person's life – the day we are born and the day we discover why.
William Barclay

If you would be loved, love, and be loveable. **Benjamin Franklin**

Public Notice

Advance Penshurst Inc

Community Meeting

31st October 2018 7.30pm

Community Room at rear of VDC

Notice of AGM

Wednesday 28th November 2018 7.30pm

Community Room at rear of VDC

Are you interested in being part of your Community Association? **Everyone welcome.**

For further details contact Paul Sutherland <pauli54@outlook.com>

Theories of Science - Perpetual Motion

When a cat is dropped it always lands on its feet, and when toast is dropped it always lands buttered side down. It was proposed to strap giant slabs of hot buttered toast to the

backs of a hundred tethered cats, the two opposing forces will cause the cats to hover, spinning inches above the ground. Using the buttered toast/cat array, a high speed monorail could easily link New York to Chicago.



Penshurst Memorial Hall

To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345 or Email penshurstmemorialhall@gmail.com. Contact Ama or Tom Cooke for key collection.

Daily charges for Hall hire:

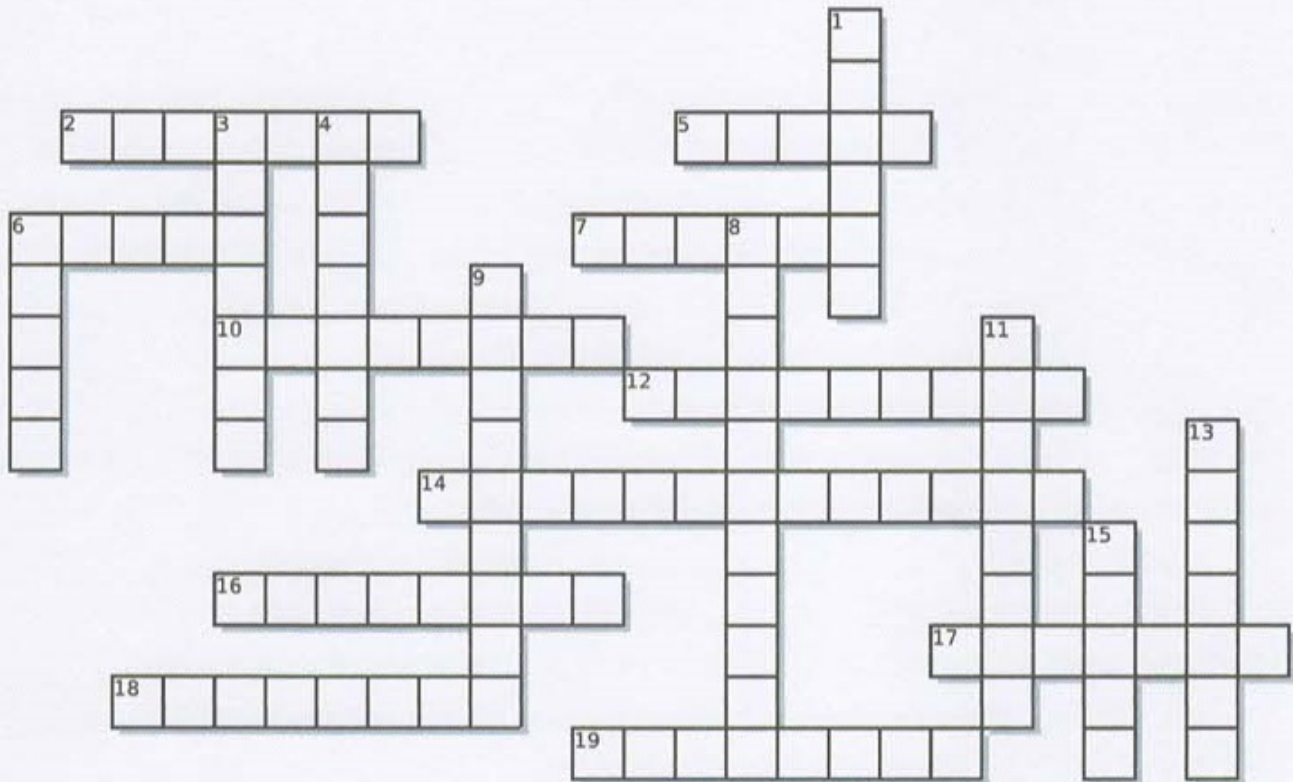
· Main Hall \$150

· Supper Room or Kitchen \$50

· Entire Venue \$250

Conditions apply

The Mount Rouse Puzzler 7



ACROSS

- 2 summer nuisance
- 5 I'll give you a ... a day
- 6 more than disorder
- 7 when a torch won't work
- 10 world communication tool
- 12 to be joined
- 14 stunned
- 16 first day
- 17 jewel or ball
- 18 sea
- 19 queen in state

DOWN

- 1 woven carrier
- 3 small boys run from it
- 4 boxed in
- 6 a sign with meaning
- 8 inner questions
- 9 something learned
- 11 remembering a girl's name
- 13 comforting touch
- 15 heart's ease

Answers to last fortnight's crossword

Across - 5 Map, 8 Film, 9 Flyspray, 10 Rubber, 11 Booklet, 12 Dark, 14 Future, 15 Excellerate, 17 Generate, 18 Filter, 19 Flange

Down - 1 Bolster, 2 Fearful, 3 Cross, 4 Yellow, 6 Sparkle, 7 Handprint, 13 Elegant, 14 Foreign, 15 Roster

Crossword solution will be included in our next issue

MONTHLY MEETING DATES

- Book Club, 2nd Wed each month at Senor Citizen club rooms.
- Caramut & dist. Garden Club, 2nd Tues monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tues every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Sat each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tues each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tues each month at 8 pm.
- Mt Rouse & Dist. Historical Society, 4th Sun in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tues each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tues each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst senior Citizens meet last Tues monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tues of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd wed monthly at 2 pm.
- Penshurst Urban Fire Brigade, 2nd Mon monthly at fire station.
- Residents, relatives & Carers group, Tues bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of Feb, Apr, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email

mtrousenewsletter@gmail.com



IAN OVERALL MOWING AND GARDENING

Ph 0423781996

Lawn mowing including commercial ride-on mower

Garden maintenance, Chainsaw work

Pruning, Weed control, Hedge trimming

A PAGE TO SHARE RECIPES

The following recipe was submitted by a reader this week.

Green Vegie and Chicken Chow Mein

1 egg white

60ml (1/4 cup) Chinese cooking wine or dry sherry

6 chicken thigh fillets, excess fat trimmed, thinly sliced

350g packet fresh egg (chow mein) noodles

2 tablespoons soy sauce

2 tablespoons hoisin sauce

1 teaspoon sesame oil

1/4 teaspoon Maggi Original Seasoning sauce

60ml (1/4 cup) peanut oil

200g brussels sprouts, halved (quartered if large)

2 celery sticks, thinly sliced diagonally

1/2 green capsicum, deseeded, cut into thin strips

100g snow peas, thinly sliced lengthways

2 garlic cloves, crushed

Sesame seeds, toasted, to serve

Sliced green shallot, to serve (optional)

METHOD

Whisk together the egg white, cornflour and 1 tbs cooking wine in a bowl. Add the chicken and toss to coat. Cover and place in the fridge for 30 minutes to marinate.

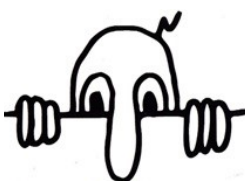
Meanwhile, place the noodles in a large heatproof bowl. Cover with boiling water. Set aside for 3 minutes or until softened. Drain well. Transfer to a tray lined with paper towel to dry.

Combine the soy sauce, hoisin sauce, sesame oil, seasoning liquid and remaining 2 tbs cooking wine in a jug. Set aside.

Heat 1 tbs peanut oil in a wok or large frying pan over high heat. Add the noodles and toss for 2-3 minutes to coat in the oil. Spread noodles across the base and side of the wok and cook for 2-3 minutes or until crispy underneath. Transfer to a bowl.

Add 1 tbs peanut oil to the wok. Add half the chicken and stir-fry for 3-4 minutes or until a golden crust forms. Transfer to a bowl. Repeat with the remaining chicken.

Add the remaining 1 tbs peanut oil to the wok. Add the brussels sprouts and cook for 2 minutes or until starting to char. Add the celery and capsicum and stir-fry for 1 minute. Add the snow peas and garlic and stir-fry for 1 minute. Add the chicken and soy mixture and toss for 1 minute or until well combined. Add noodles and toss until combined. Sprinkle with sesame seeds and shallot to serve.



Watch this spot



We welcome contributions to all sections of our Newsletter. Any suggestions for things you would like included please send to the Editor at:

mtrousenewsletter@gmail.com

Southern Grampians Shire Council &
Hamilton Racing Club present



Party with the Ponies

celebrating International Day of People with a disability

TUESDAY 4 DECEMBER 2018



Milkshake Diner	Fashions on the Field
Animal Farm	Face Painting
Horse and Cart	Crazy Nails
Mini Hot Rods	Giant Games
Photo Booth	Lego Building
Hobby Horse Race	Milliner Project

Hamilton Racecourse, Henty Highway
Gates open at 11.00am



International Day of
People with Disability



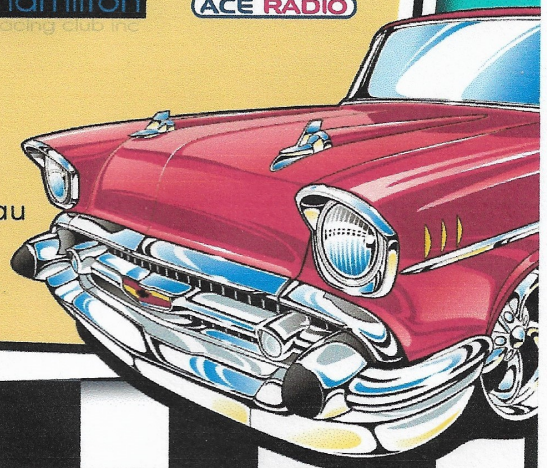
Southern Grampians
SHIRE COUNCIL



hamilton
racing club inc

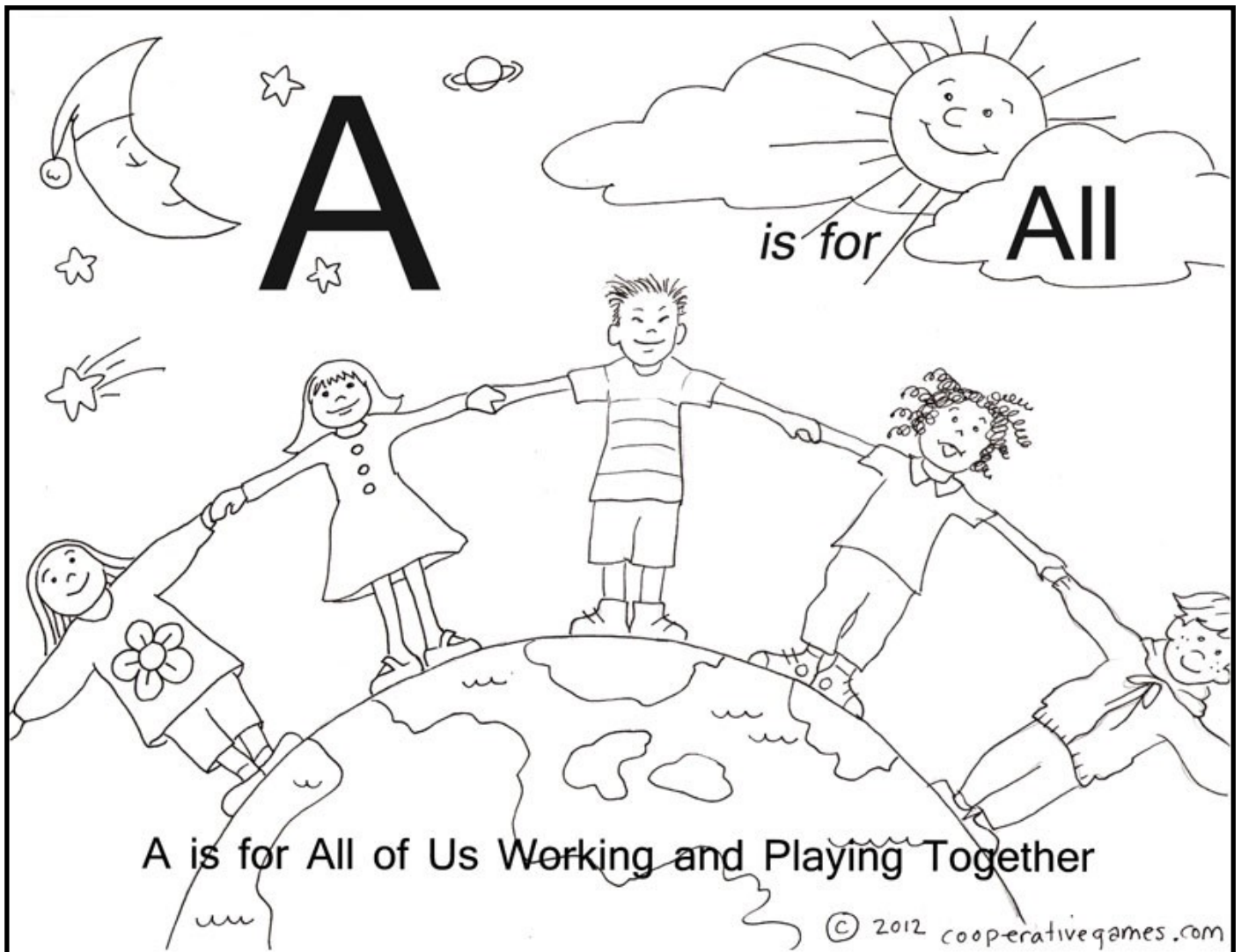
ACE RADIO

\$8 Adults, Under 17 Free
Book a table for your group
hamilton@countryracing.com.au
0409 217 935



A PAGE FOR THE CHILDREN

Can you colour the picture?



A Story about Cooperation.

Tucked away into the Himalayas the wondrous kingdom of Bhutan has a some beautiful stories. This story is about four friends, an elephant, a monkey, a peacock and a rabbit. This is a well known story all over Bhutan. In the beginning, the four friends were not friends. They argued about who had the right to a fruit tree, whose delicious fruit was enjoyed by all of them. This argument stopped when a man overruled them and claimed ownership of the fruit tree. The four friends wondered what to do to get the fruit they all loved. They wanted to help each other so they became friends.

"I will plant a seed in the ground," the peacock said. "I will water it," the rabbit said. "I will fertilise it," said the monkey. "I will protect it," said the elephant.

The seed grew and grew until it became a tree. On the tree came the lovely fruit. Now the four friends had a problem. They could see the fruits but they could not reach them. So they made a tower by climbing on each other's backs; first the elephant, then the monkey, the rabbit, and finally the peacock. Through their friendship and cooperation the four were able to share their favorite fruit. In Bhutan's national language, Dzongkha, the story is called Thuenpa puen shi, which means cooperation, relation, four.



We had a great day at the 3 Peaks Festival recently. It's always lovely to see the excited looks on the children's faces as they wait patiently for a wrist band. We look forward to continuing this involvement in the coming years, on what is always a wonderful day.

Walk to school month

How do your kids get to school? Would they cartwheel, moonwalk or hula hoop there? For this year's [#WalkToSchool](#) month, we've partnered with [VicHealth](#) to get kids moving. Sue enjoyed a lovely morning with the wonderful staff and students at Cavendish Primary School. Bendigo Bank are the Corporate Sponsor of the Walk to School program and Cavendish Primary School are a participant in this very worthwhile program.



Great reasons to switch to Bendigo Bank

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4. Community Bank® - \$200 million reinvested back into local communities
5. Top 60 ASX Listed company
6. Your banking helps create, support and sustain positive change in Australian communities

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Riddles

1. Why can't a man living in the USA be buried in Canada?
2. Is it legal for a man in California to marry his widow's sister? Why?
3. A man builds a house rectangular in shape. All the sides have southern exposure. A big bear walks by. What color is the bear? Why?
4. If there are 3 apples and you take away 2, how many do you have?
5. How far can a dog run into the woods?
6. One big football fan claimed to be able to tell the score before any game. How did he do it?
7. You can start a fire if you have alcohol, petrol, kerosene, paper, candle, coke, a full matchbox and a piece of cotton wool. What is the first thing you light?

Answers to last fortnight's riddles:

1. An onion. , 2. Stop imagining , 3. A window , 4. A cold , 5. The letter W , His breath 6. Tomorrow , 7. Neither, they both weigh one pound

Published by Penshurst Mens Shed Incorporated

ABN 56 257 756 133 VMSA No: 301039

"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Mens Shed Newsletter

Registered Address: 46 Watton Street, Penshurst 3289

Email: mtrousenewsletter@gmail.com



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Hair Design**

**80A BELL ST
PENSURST**

Bookings by appointment

For appointments please ring

**Mobile: 0417 511 177
Thankyou**

Mobile Library

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the Hall in Martin St



The Mobile will not operate on extreme and Code Red fire declared days.

Phone 5573 0470

[Www.sthgrampians.vic.gov.au/library](http://www.sthgrampians.vic.gov.au/library)

**CHRISTOPHER COOK
CONSTRUCTIONS**

Ph: 0417 100 243

Fax: 5576 5267

112 Bell Street Penshurst Vic 3289

HIA Reg CB-U 6214 DB-U 5109



ADVERTISING RATES (Per Issue)

Full page \$20 1/2 page \$10

1/4 page \$5 Business Card \$3

WHAT'S HAPPENING ON THE HAMILTON HIGHWAY

November 17

The Lismore and District Mens Shed will be holding a market in the Lismore Health Centre Carpark on Saturday 17th November from 8.30am to latish, possibly 4.00pm.

9th December 2018

Christmas Carols at the Penshurst Hall 7.30pm

17 March 2019

Pierrepoint Wines Classic Rock & Wine Event
Tickets \$10 per person (pay at the Event)
291 Pierrepoint Road Tarrington.

What is happening at your Clubs, Associations, and groups in the Penshurst & District region.
Share it with our Newsletter and advertise your events on our Monthly Calendar.
Everyone Welcome.



Post Offices have changed in many ways over the years, now offering a wide variety of products and services.

Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office

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Monday – Friday 9am to 5pm

TAIL END TALES - LIFE IS A JOURNEY NOT A RACE

Do not undermine your worth by comparing yourself with others.

It is because we are different that each of us is special.

Do not set your goals by what other people deem important.

Only you know what is best for you.

Do not take for granted the things closest to your heart.

Cling to them as you would your life, for without them, life is meaningless.

Do not let your years slip through your fingers by living in the past, nor in the future.

By living your life one day at a time, you live all the days of your life.

Do not give up when you still have something to give.

Nothing is really over until the moment you stop trying.

Do not be afraid to encounter risks.

It is by taking chances that we learn how to be brave.

Do not shut love out of your life by saying it is impossible to find.

The quickest way to receive love is to give love; the fastest way to lose love is to hold it too tightly.

Do not dismiss your dreams.

To be without dreams is to be without hope; to be without hope is to be without purpose.

Do not run through life so fast that you forget not only where you have been, but also where you are going.

Life is not a race, but a journey to be savoured each step of the way.

<http://www.appleseeds.org/life-not-race.htm>

Church Services in Penshurst

Bethlehem Lutheran Church Tabor Service every Sunday 10.00am	Penshurst Anglican Church 5pm Mass 3rd Sunday each month For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst 2nd Sunday 11am Service 4th Sunday 10.30am Morning Tea, 11am Service	St Joseph's Catholic Church Penshurst 1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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